

Edgewood Community Library

Summer Reading Program

About Our Summer Reading Program Events

All of our Summer Reading Program events are FREE, open to the public, and require no registration. This year, we have an exciting line-up of presentations, so events will occur in various venues. Please see the reverse of this flyer for directions.



Date	Time	Event	Description	Location
Tuesday June 7, 2016	10:30 am	Grow Your Own Nutrition	Experienced horticulturalist and humanitarian, Eric Edmunds, will teach participants how gardening can be a great way to stay active while supplementing your nutritional needs! Participants will get a chance to construct recycled seed starter planters and tour the community garden at the Edgewood Senior Center.	Edgewood Senior Center
Tuesday June 14, 2016	10:30 am	Meditative Wellness	Beth Dennis of the Healing Center, will teach some meditative techniques to relax and focus your mind and body. Participants will then construct their own meditation mats from recycled materials!	Community Center
Tuesday June 21, 2016	10:30 am	Therapeutic Breathing	Erica Tismer of New Creations Center will instruct participants on simple yet effective breathing methods to help alleviate stress while centering the body, mind, and spirit through purposeful breathing and playful movement. Afterwards, participants will make their own stress-relieving balls.	Community Center
Tuesday June 28, 2016	10:30 am	Stayin' Fit & Savin' Lives	The Santa Fe County Fire Prevention Division along with the Edgewood Volunteer Fire Department, 911 Center, and the Santa Fe County Sheriff will explain the importance of staying fit in the emergency service sector and share valuable life-saving skills.	Santa Fe County Fire Station
Tuesday July 5, 2016	10:30 am	Nutritional Wellness	REAL Wellness owner, Caroline Burch, will talk about the importance of good nutrition and fitness in maintaining a healthy lifestyle. Participants are sure to have a great time constructing edible sculptures out of fruits and veggies!	Community Center
Tuesday July 12, 2016	10:30 am	Team Sports	Estancia Schools Athletic Director, Stewart Burnett, along with some of Estancia High's finest athletes will be on hand to demonstrate how participating in team sports can be an enjoyable way to stay active. Participants will get to run drills and join in other fun activities with the Estancia Bears!	Athletic Field
Tuesday July 19, 2016	10:30 am	Local Outdoor Recreation	Town of Edgewood Parks & Recreation Department Head, Roger Holden, is back to let participants in on all the recreational opportunities available right here in the East Mountains! Afterwards, participants are invited to meet up at Carlito Springs for a short hike to this hidden oasis in the foothills.	Athletic Field
Tuesday July 26, 2016	10:30 am	Pizza & Water Party	We'll be celebrating all of your reading efforts with a pizza/water party co-sponsored by Domino's and the Edgewood Friends of Our Library Society! Make sure to don your swimwear and sunscreen! Also, remember to bring your favorite water toy, towel, and change of clothes just in case!	Athletic Field



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